

When to THINK HOSPICE...

Illnesses Appropriate for Hospice Care

Hospice supports patients with many life-limiting illnesses, including:

- Cancer
- Heart, Lung and Kidney Disease
- Stroke
- AIDS
- Diabetes
- Arthritis
- Parkinson's Disease
- Alzheimer's Disease

Types of Services Provided by Hospice

- Doctor Coordinated Services
- Nursing Care
- Medical Equipment & Supplies
- Pain and Symptom Management
- Hospice Aid Services
- Physical and Occupational Therapy
- Social Worker Services
- Nutrition Counseling
- Emotional and Spiritual Counseling
- Short Term Relief for Families (Respite)
- Short term - General Inpatient Services

Signs You May Want to Consider Hospice

1. You want to treat the pain, not the disease.
2. You no longer want invasive hospital testing or medical treatments.
3. You experience repeated medical set backs.
4. You require assistance for your most basic needs.
5. You have an increase in pain, nausea and breathing distress.
6. You sleep more and are emotionally withdrawn.
7. You have a significant decrease in appetite and weight loss.

Signs your family could benefit from Hospice

1. Caregivers are physically and emotionally exhausted
2. Family members are overwhelmed by uncertainties and sadness of the situation.
3. Family members feel a heightened sense of emotional and daily living stress.
4. Family members question their loved one's quality of life.

Anyone can make a referral to Hospice.

(830) 774-4580

VALVERDE
REGIONAL MEDICAL CENTER
in partnership with Methodist Healthcare-San Antonio